

# COVID-19 QUARANTINE PROTOCOLS

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Unfortunately COVID-19 cases and exposures have been rising steadily in our community. In December 2020, the CDC updated its guidelines and recommendations regarding quarantine and isolation for patients who have been exposed to or who may have contracted the virus. Because of the nature of dental procedures which require close proximity to the oral cavity of the patient, we will follow the more strict CDC guidelines to determine when a patient who finds himself in either situation, is allowed to come to the office for a dental appointment.

## **Protocol for patients with Suspected Exposures to COVID-19**

If you think that you may have been exposed to Covid-19, we request that you refrain from having a dental procedure for 14 days from the date of your exposure.

The CDC recommends you quarantine during 14 days. You can also choose to get tested 5-7 days after you have been exposed and if the test is negative you can end the quarantine while monitoring yourself for symptoms for another 7 days.

We ask that all patients follow the 14 days protocol.

## **Protocol for patients who have been diagnosed with COVID-19**

If you have tested positive for Covid-19, whether you experienced symptoms or not, we ask that you refrain from having a dental procedure for 20 days from the day of your test.

The CDC recommendations for isolation vary from 10 to 20 days depending on the severity of the illness.

We ask that all patients follow the 20 days protocol.

We thank-you in advance for your cooperation. The safety of our patients and our staff is our priority. Do not hesitate to call us if you have any questions.

Stay safe and healthy.

Dr. Ibrahim and Staff

January 19, 2021